

November 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1	2	3
<p><i>"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name." Psalm 100:4</i></p>		Chicken Sandwich Pickles Chips Fruit Milk	Cheesy Breadsticks Tomato Soup Diced Peaches Cookie Milk	Chicken Penne Alfredo Salad Garlic Breadstick Diced Pears Milk
6	7	8	9	10
Popcorn Chicken Mashed Potatoes w/Gravy Corn Roll Milk	Chicken Quesadilla Refried Beans Berry Blend Milk	Cheeseburger Oven Fries Pickles Peaches Milk	Pizza Hut Romaine Salad w/Ranch Pineapple Cookie Milk	Miss Linda's Kitchen Noodle Soup with Veggies Saltine Crackers Fruit Salad Milk
13	14	15	16	17
Meatball Sub Tossed Salad Tropical Fruit Milk	Potato and Ham Soup Green Beans Banana Roll Milk	Chicken Tenders Waffle Fries Cutie Orange Milk	Turkey Mashed Potatoes w/Gravy Green Beans Apple Slices Roll Milk	Taco Salad Spanish Rice Sliced Peach Milk
20	21	22	23	24
Chicken Nuggets Mashed Potatoes with Gravy Fruit Cocktail Roll Milk	Penne Pasta w/Red Sauce Romaine Salad Fruit Milk	<h2><i><u>HAPPY THANKSGIVING!</u></i></h2> <p><i>You are a blessing to us at ILCAP!</i></p>		
27	28	29	30	
Taco Tot Casserole Sliced Oranges Cookie Milk	Corn Dog Baked Beans Apple Slices Milk	Sloppy Joe Corn Fritos Banana Milk	BBQ Meatballs Steamed Rice Green Beans Mandarin Oranges Milk	