

ILCAP BREAKFAST MENU

NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Give thanks to the Lord, for He is good; His love endures forever.		1 Pop Tarts Fruit Milk Juice	2 Bagels Cream Cheese Juice Milk	3 French Toast Sticks Sausage Juice Milk
6 Biscuit Sausage Juice Milk	7 Nutrigrain Bars Fruit Juice Milk	8 Pop Tarts Fruit Milk Juice	9 Cereal Fruit Juice Milk	10 French Toast Sticks Sausage Milk Juice Milk
13 Sausage and Pancake on a Stick Juice Milk	14 Fruit Danish Juice Milk	15 Pop Tarts Fruit Milk Juice	16 Bagels Cream Cheese Juice Milk	17 French Toast Sticks Sausage Juice Milk
20 Pancake Bites Sausage Links Juice Milk	21 Nutrigrain Bars Fruit Juice Milk	HAPPY THANKSGIVING! No School		
27 Biscuit Sausage Juice Milk	28 Mini Donuts Fruit Juice Milk	29 Pop Tarts Fruit Milk Juice	30 Cereal Fruit Juice Milk	