

ILCAP BREAKFAST MENU

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Nutrigrain Bars Fruit Juice Milk	2 Poptarts/Cereal Fruit Juice Milk	3 French Toast Sticks Sausage Milk Juice	4 Poptarts/Cereal Fruit Juice Milk	5 Breakfast Pizza Juice Milk
8 Nutrigrain Bars Fruit Juice Milk	9 Poptarts/Cereal Fruit Juice Milk	10 Biscuit with Sausage Sausage Milk Juice	11 Poptarts/Cereal Fruit Juice Milk	12 Mini Waffles Sausage Milk Juice Milk
15 Nutrigrain Bars Fruit Juice Milk	16 Poptarts/Cereal Fruit Juice Milk	17 French Toast Sticks Sausage Milk Juice	18 Poptarts/Cereal Fruit Juice Milk	19 Breakfast Pizza Juice Milk
22 Nutrigrain Bars Fruit Juice Milk	23 Poptarts/Cereal Fruit Juice Milk	<div style="border: 2px solid black; padding: 10px; margin: 0 auto; width: 80%;"> <p style="font-size: 1.2em; margin: 0;">HAPPY THANKSGIVING!</p> <p style="font-size: 1.5em; margin: 0;">No School</p> </div>		
29 Nutrigrain Bars Fruit Juice Milk	30 Poptarts/Cereal Fruit Juice Milk	<p style="font-size: 1.2em; margin: 0;">Give thanks to the Lord, for He is good;</p> <p style="font-size: 1.2em; margin: 0;">His love endures forever.</p>		