

# ILCAP BREAKFAST MENU

## OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pancake and Sausage on a Stick Sausage Milk Juice
4 Nutrigrain Bar Fruit Milk Juice	5 Cereal/Poptarts Fruit Milk Juice	6 Biscuit with Sausage Milk Juice	7 Cereal/Poptarts Fruit Milk Juice	8 Mini Waffles Sausage Milk Juice
11 Nutrigrain Bar Fruit Milk Juice	12 Cereal/Poptarts Fruit Milk Juice	13 French Toast Sticks Sausage Milk Juice	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>NO SCHOOL PARENT/TEACHER CONFERENCES</b> </div>	
18 Nutrigrain Bar Fruit Milk Juice	19 Cereal/Poptarts Fruit Milk Juice	20 Biscuit with Sausage Milk Juice	21 Cereal/Poptarts Fruit Milk Juice	22 Pancake and Sausage on a Stick Sausage Milk Juice
25 Nutrigrain Bar Fruit Milk Juice	26 Cereal/Poptarts Fruit Milk Juice	27 French Toast Sticks Sausage Milk Juice	28 Cereal/Poptarts Fruit Milk Juice	29 Mini Waffles Sausage Milk Juice