

*ILCAP BREAKFAST MENU
SEPTEMBER 2021*

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
		1 French Toast Sticks Sausage Milk/Juice	2 Cereal/Poptarts Fruit Juice Milk	3 Mini Waffles Sausage Milk/Juice
6 LABOR DAY NO SCHOOL	7 Cereal/Poptarts Fruit Juice Milk	8 Biscuit with Sausage Fruit Milk/Juice	9 Cereal/Poptarts Fruit Juice Milk	10 Pancake and Sausage on a Stick Milk/Juice
13 Nutrigrain Bar Fruit Milk/Juice	14 Cereal/Poptarts Fruit Juice Milk	15 French Toast Sticks Sausage Milk/Juice	16 Cereal/Poptarts Fruit Juice Milk	17 STATE LUTHERAN CONFERENCE NO SCHOOL
20 Nutrigrain Bar Fruit Milk/Juice	21 Cereal/Poptarts Fruit Juice Milk	22 Biscuit with Sausage Fruit Milk/Juice	23 Cereal/Poptarts Fruit Juice Milk	24 Mini Waffles Sausage Milk/Juice
27 Nutrigrain Bar Fruit Milk/Juice	28 Cereal/Poptarts Fruit Juice Milk	29 French Toast Sticks Sausage Milk/Juice	30 Cereal/Poptarts Fruit Juice Milk	