



ILCAP SNACK MENU

April 2019

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
1 Puffy Popcorn Fruit Juice	2 Fig Newtons Fruit Juice	3 Carrots and Cucumbers Fruit Juice	4 Gogurt Fruit Juice	5 Apple Slices/Caramel Fruit Juice
8 Dried Fruit with Cheerios Fruit Juice	9 Yogurt with Bananas and Chocolate Chips Fruit Juice	10 Cheez Its Fruit Juice	11 String Cheese & Pepperoni Fruit Juice	12 Oreos Fruit Juice
15 Applesauce & Animal Crackers Fruit Juice	16 Chex Mix Fruit Juice	17 Pears with Cinnamon Fruit Juice	18 Goldfish Fruit Juice	19 Strawberries, Blueberries, Yogurt, Graham Crackers Fruit Juice
22 String Cheese & Pepperoni Fruit Juice	23 Green, Red, Yellow Bell Peppers & Apples (3/4 yrs) Apples and Dried Fruit (Toddlers) Fruit Juice	24 Gogurt Fruit Juice	25 Triscuits & Cheese Fruit Juice	26 Applesauce & Animal Crackers Fruit Juice
29 Veggie Straws Fruit Juice	30			