

ILCAP BREAKFAST MENU

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Nutrigrain Bar Fruit Milk Juice	2 Cereal/Poptarts Fruit Milk Juice	3 French Toast Sticks Sausage Milk Juice	4 Cereal/Poptarts Fruit Milk Juice	5 Pancake and Sausage on a Stick Milk Juice
8 Nutrigrain Bar Fruit Milk Juice	9 Cereal/Poptarts Fruit Milk Juice	10 Biscuit with Sausage Milk Juice	11 Cereal/Poptarts Fruit Milk Juice	12 Mini Waffles Sausage Milk Juice
15 Nutrigrain Bar Fruit Milk Juice	16 Cereal/Poptarts Fruit Milk Juice	17 French Toast Sticks Sausage Milk Juice	NO SCHOOL PARENT/TEACHER CONFERENCES	
22 Nutrigrain Bar Fruit Milk Juice	23 Cereal/Poptarts Fruit Milk Juice	24 Biscuit with Sausage Milk Juice	25 Cereal/Poptarts Fruit Milk Juice	26 Pancake and Sausage on a Stick Sausage Milk Juice
29 Nutrigrain Bar Fruit Milk Juice	30 Cereal/Poptarts Fruit Milk Juice	31 French Toast Sticks Sausage Milk Juice		