

ILCAP BREAKFAST MENU

July 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Nutrigrain Bar Fruit Milk/Juice	3 Cereal or PopTart Fruit Milk/Juice	4 4 th of July Observed No School!	5 Cereal or Poptart Fruit Milk/Juice	6 Mini Waffles Sausage Milk/Juice
9 Nutrigrain Bar Fruit Milk/Juice	10 Cereal or PopTart Fruit Milk/Juice	11 Biscuit with Sausage Fruit Milk/Juice	12 Cereal or Poptart Fruit Milk/Juice	13 Pancake and Sausage on a Stick Milk/Juice
16 Nutrigrain Bar Fruit Milk/Juice	17 Cereal or PopTart Fruit Milk/Juice	18 French Toast Sticks Sausage Milk/Juice	19 Cereal or Poptart Fruit Milk/Juice	20 Mini Waffles Sausage Milk/Juice
23 Nutrigrain Bar Fruit Milk/Juice	24 Cereal or Poptart Fruit Milk/Juice	25 Biscuit with Sausage Fruit Milk/Juice	26 Cereal or Poptart Fruit Milk/Juice	27 Pancake and Sausage on a Stick Milk/Juice
30 Nutrigrain Bar Fruit Milk/Juice	31 Cereal or Poptart Fruit Milk/Juice			